

BANDITS



GOALIE SCHOOL

2011/12 CLINIC AND CAMP DATES



**STATE CHAMPIONS,
NATIONAL CHAMPIONS AND
STANLEY CUP CHAMPIONS
TRAIN AT BANDITS,
SHOULDN'T YOU?**

REGISTER ONLINE AT
WWW.BANDITSGOALTENDING.COM
248-669-9705

FOLLOW US ON



2011/12 CLINIC A

2011 WINTER KEEP IT SHARP CLINIC

December 22 and 23, 2011	Compuware Arena 10am – 12, 12 – 2pm and 2 – 4pm
December 27 and 28, 2011	Grand Rapids Edge 1 – 3pm

2012 SPRING CLINICS

GOALIE POWER SKATING & PUCK HANDLING CLINIC (7-8PM)

April 3, 10, 17, 24	Tuesdays (City Sports)
April 4, 11, 18, 25	Wednesdays (City Sports)
April 5, 12, 19, 26	Thursdays (Walker, Grand Rapids)

2012 SPRING CLINICS

KEEP IT SHARP CLINIC (7-9PM)

May 1, 8, 15, 22, 29	Tuesdays (City Sports)
May 2, 9, 16, 23, 30	Wednesdays (City Sports)
May 3, 10, 17, 24, 31	Thursdays (Walker, Grand Rapids)

Over the past few years of my playing career, Stan has worked with me on strong fundamentals. I learned to have better ice awareness in and around my end of the ice. These are just a few excellent skills that Stan has helped me develop in my career. I think Stan is a great teacher for goalies of all ages.

JASON BAGASHIHUA

1st round pick of the Dallas Stars
Now playing with the Philadelphia Flyers
2010 Calder Cup Champion - Hershey Bears (AHL)



THERE'S A BRILLIANT LOCKED INSIDE EVERY

At Bandits we not only teach you the necessary mechanical skills, but also how to apply them in game situations. Our superior year-round training empowers every student of the game. Once these skills are mastered,



KEY SKILL #1

Skating and agility
Mastering the art of movement and recovery



KEY SKILL #2

**Shoulders down/
Setting for the shot**
Learn proper position and weight distribution



KEY SKILL #3

Feet loaded and ready to move
Learn proper foot movement and hand coordination

ND CAMP DATES

2012 SUMMER CAMPS

June 11 – 15 (Walker, Grand Rapids) 12 – 6pm
June 18 – 22 (Compuware) 12 – 6pm
June 25 – 29 (Detroit Skating Club) *Evening Camp* 4 – 9:30pm
July 9 – 13 (City Sports) 11 – 5pm
July 16 – 20 (Compuware) 12 – 6pm
August 20 – 24 (Grand Rapids Edge) 12 – 6pm

2012 - PRO ELITE CAMPS

July 23 – 27 (Jr. Elite – AAA and High School Level – Compuware)
9am – 7pm
July 30 – August 3 (Pro Elite – Jr., College and Pro Level – Compuware)
9am – 7pm

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LIANT GOALIE EVERY STUDENT

skills, but also how to apply these skills to their full potential
phasizes six key skills to make every goalie become a true
ered, you will leave shooters shaking their heads.

KEY SKILL #4

Challenge the shooter
*Learn to take away net
from the shooter*



KEY SKILL #5

Analyzing the rush
*Learn how to read and
react to certain situations*



KEY SKILL #6

**Active hands and
rebound control**
*Achieve control with active
hands and proper stick control*



Since being introduced to Stan in the fall of 2004, he has shown me many new and innovative techniques that have changed my game. His training methods have not only simplified my style but have made me a smarter goaltender in the process. >>

CHRIS OSGOOD

3-Time Stanley Cup Champion
Retired with 401 career wins





TEAM & PRIVATE LESSONS

The first phase of our training begins with superior year-round instruction to goalies and teams through private and team instruction. If you want to be the best, then train with the best!

For rates and availability, please email us at info@banditsgoaltending.com.



WINTER & SPRING CLINICS

The second phase of our training involves top notch clinics that run during the winter holiday season and also during the spring months, beginning in April and ending in early June.

1ST CLINIC: CHRISTMAS KEEP IT SHARP

Main Focus: Mid-season tune-up to focus on mechanics, recovery and game situation drills

2ND CLINIC: POWER SKATING AND STICK HANDLING

Main Focus: Edge work, agility and recovery drills and shooting and puck handling

3RD CLINIC: KEEP IT SHARP

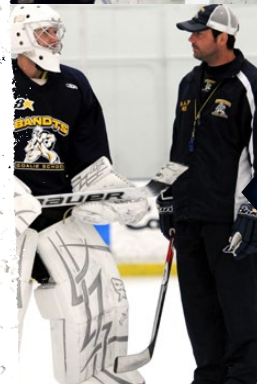
Main Focus: Core mechanics and skill sets, agility and recovery drills and game situation drills



SUMMER CAMPS

The third phase of our training starts in mid-June and focuses students' attention on developing good habits and strong skill sets for the upcoming season.

- Three hours of ice per day – 15 hours of on-ice training each week
- Daily dry land routine
- Lecture sessions in the classroom
- Report cards are provided along with video analysis at the end of each week



JUNIOR & PRO ELITE CAMPS

The fourth phase of our training is designed for elite level goaltenders. The Jr. Elite caters to high-end high school and AAA goaltenders while the Pro Elite accommodates the Jr., College and Pro athletes.

- Four hours of ice per day – 20 hours of on-ice training each week
- 2:1 student to teacher on-ice ratio – 12 goalies on the ice at a time
- Daily, 90-minute classroom sessions conducted by a certified Sports Psychologist
- Daily, 90-minute dry land training sessions with certified strength and conditioning coaches
- Catered lunch

Registrations for these two camps will be reviewed by Bandits staff and accepted based on approval. 24 goalies accepted for the Jr. Elite camp and 12 goalies accepted for the Pro Elite camp. Call 248-669-9705 for details.

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